

## PE Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS / Year 1	Introduction to PE 1 / Fundamental 1	Ball Skills 1 / Yoga	Dance 1 / Gymnastics 1	Fundamental 2 / Games 1	Drumba / Striking & fielding	Athletics / Sports day practise
Year 2 & Year 3	Swimming / Football	Swimming / Gymnastics	Dance / Target Skills	Net and Wall Games / Fundamentals (Yr2)	Athletics / Invasion games	Striking and Fielding / Drumba
Year 4, Year 5 & Year 6	Swimming / Football	Swimming / Handball	Dance / Hockey	Yoga / Golf	Drumba / Ball skills and Dodgeball	Cricket / Athletics

PE Cycle B						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS / Year 1	Introduction to PE 2 / Drumba	Ball Skills 2 / Fundamentals 1	Gymnastics 2 / Sending and receiving	Dance 2 / Target games (Yr1)	Team building / Games 2	Athletics / Fitness
Year 2 & Year 3	Swimming / Fundamenta ls (Yr3)	Swimming / Basketball	Dance / Drumba	Ball skills / Tennis	Team building / Target games	Athletics / fitness
Year 4, Year 5 & Year 6	Swimming / Tag rugby	Swimming / basketball	Dance / Drumba	Badminton / Tennis	Athletics / fitness	Rounders / OAA

## PE Cycle C

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4, Year 5 & Year 6	Swimming / Football	Swimming / Gymnastics	Fitness / Netball	Tennis / Drumba	Rounders / Cricket	Tag rugby / Athletics