



Buckminster Bites

Newsletter



15TH NOVEMBER 2024

Dates for your diary

Monday 18th November

- Year 2-6 Swimming

Wednesday 20th November

- Wheelchair Basketball Roadshow Year 3 and some Year 4/5/6.

Monday 25th November

- Year 2-6 Swimming

Tuesday 26th November

- 9.15am-10.30am - Parents/Carers of Yr R/Yr 1 Phonics Open Morning.

Thursday 28th November

- Year 3-6 Multi Faith Tour Leicester.

Monday 2nd December

- Year 2-6 Swimming

Please note change of date:-

Wednesday 4th December

- 2.45pm Year 4/5/6 Class Assembly - parents/carers invited to join us.

Monday 9th December

- Year 2-6 Swimming

Wednesday 11th December

- 2.45pm Year 2/3 Class Assembly - parents/carers invited to join us.

Monday 16th December

- Year 2-6 Swimming

Wednesday 18th December

- Whole School Christmas Lunch





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15TH NOVEMBER 2024

Attendance

The Whole school attendance for this week was 97%.

We aim for our attendance to be 97% or above so we thank you for your continuing support.

Weekly Certificates

Star	5Rs	Dinner
Mathematician		

R & 1 -	Amelie	Leo	Ella-Rose
2&3 -	Harper	Rory	Rory
4, 5 & 6 -	Bonnie	Louie	Callum

Well done to everyone who received a certificate today.

Phonics information for parents/carers Year R and Year 1

Parents/Grandparents phonics open morning

Come and take part in a phonics lesson and a morning of phonics activities.

Tuesday 26th November 2024

9:15-10:30

PLEASE BOOK:

<https://forms.office.com/e/wAZDpdRrmH>

Scan QR code to book or click the link





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15TH NOVEMBER 2024

Not-For-Profit
Community
Interest
Company

B-BUDDIES CIC

Cycle Training & Bicycle Maintenance

www.b-buddies.com
07538838740
@bbuddiescic



Go Ride Racing

An introduction into off road racing throughout a 10 series league alternating between 3 venues for riders aged 2-16 including a balance bike category on Saturday afternoons!



- 21st September – Beaumanor Hall
- 12th October – Snibston Colliery Park
- 16th November – Sysonby Acers
- 14th December – Beaumanor Hall
- 18th January – Snibston Colliery Park
- 8th February – Sysonby Acers
- 8th March – Beaumanor Hall
- 5th April – Snibston Colliery Park
- 10th May – Sysonby Acers
- 14th June – Beaumanor Hall

MTB Time Trials

Bring out your competitive side or set yourself a personal goal throughout a 8 series league at Hicks Lodge on Sunday mornings for over 16s across the blue and green routes!

- | | |
|---------------------------|------------------------|
| 17 th November | 23 rd March |
| 15 th December | 27 th April |
| 12 th January | 18 th May |
| 9 th February | 22 nd June |



Enter online: www.b-buddies.com/events-racing-parties

A presentation will be held at the end of both leagues to celebrate achievements.





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15TH NOVEMBER 2024



www.healthforkids.co.uk



Healthy Together Newsletter



Welcome to your latest Healthy Together newsletter
Hello and welcome to the sixth edition of your newsletter for parents/carers and school staff from Healthy Together, and the first for the 2024/25 academic year.

In this update, you can find out about advice and information to help you and your family stay well this winter alongside links to videos from the BBC's Operation Ouch series and much more.

Staying well over winter

With the colder winter months upon us, we have pulled together advice and information from across Health for Kids and Health for Kids: Grownups to help you and your family stay well this winter.

Our winter hub collection of content will grow throughout the winter months, with advice around flu, local vaccination clinics, general winter health advice and a 'Stay Well Guide' with guidance on when to seek medical help for certain ailments already available to you.

[Click here or on the images to access the winter hub](#)



www.healthforkids.co.uk



In the Spotlight

Operation Ouch! helps to keep your children safe

We are delighted to host a series of videos on Health for Kids featuring the well-known faces of Dr Chris, Dr Xand and Dr Ronx from the popular CBBC series.

The videos offer advice and support on how to look after yourself if you're experiencing a number of ailments including asthma, fever and head injuries, with subtitled versions in different languages also available.



[Click here to view the Operation Ouch! video series](#)

Contact a school nurse by text message

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents/carers of children aged 0-11 in Leicestershire and Rutland, which enables you to get professional health advice and support.

Text a Public Health Nurse (School Nurse) on:

07520 615 382



Contact a health professional via the Healthy Together Helpline

You can also call to speak to the Helpline's qualified health and administrative professionals who offer easy to access, safe and free advice, support and signposting.



Call 0300 300 3001

Calls are answered from 9am – 4.30pm on weekdays, excluding bank holidays.

Get your children involved in offering the right treatment

The Games area on Health for Kids is full of fun health based games for children to enjoy and learn from, including Knight Nurse!

Here we encourage children to become the nurse and identify the best course of treatment for the patient; treatment, medicine or advice!



Oh... and the patients aren't your regular human patients!!!

[Click here to play the game and become the Knight Nurse](#)





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Merry Christmas

Wednesday 18th
December 2024

Main Course

- Fresh Roast Turkey
- Bacon & Sausage Roll
- Sage & Onion Stuffing
- Gravy
- Roast Quorn Fillet (v, vg)
with Sage & Onion Stuffing
- Gravy

Dessert

- Christmas Cookie (v, vg)
- Homemade Chocolate
Brownie
- Fresh Fruit & Yoghurt
available

All served with Roast Potatoes, Creamed
Potatoes, Peas, Carrots & Sprouts

LTS Catering Services Part of Leicestershire
County Council www.leicestershire.gov.uk/school-food



We invite the children to join us for our whole school Christmas Lunch on Wednesday 18th December.

This is still free for children in Year R-2 and children who are entitled to free school meals in Year 3-6.

All other children in Pre-School and Year 3-6 are welcome to join us at the cost of £2.65 per meal. Please remember to top up your child's meal account on Arbor. Thank you.